



School Travel Plan Coordinator Newsletter

Welcome to the Summer School Travel Plan Coordinator Newsletter.
I hope you are all keeping safe.

As you all know we are now the Buckinghamshire Council. Please see the end of the newsletter for details of our new email addresses.

Due to the restrictions in place due to COVID 19, here at BC we are following Government guidelines and staff are working from home. All our phone numbers are active, and we are all on email, so please don't hesitate to get in touch with any questions. We have also cancelled some events planned for this school year.

The main aim of a School Travel Plan (STP) is to reduce single occupancy car use on the school journey, by promoting and encouraging sustainable travel. Increasing sustainable travel helps to reduce congestion and pollution, as well as improving the health and fitness of children and young people. These are just a few of the many benefits of an active STP.

Modeshift STARS (Sustainable Travel Accreditation and Recognition for Schools) provides a framework for the implementation of sustainable and active school travel activities. It is an online system that helps schools to input the information they need to produce a nationally recognised Travel Plan. If you are already using Modeshift, please keep your school details up-to-date and include your Headteacher's information too. Also if you have been working with me can you please add me to your introduction page under working with the local authority. If you haven't used Modeshift before, please get in touch with me and I can help you get started. Its quite possible that many of the initiative you already do, or have done will count towards your Modeshift award.

Additional Information

Sustrans Officer Working at School? No
Volunteers who have been involved in the delivery of your School Travel Plan
Other Information

Living Streets Officer Working at School? No

Local Authority Officer Working at School



Modeshift Stars

Your STP has important links with OfSTED and your school could be awarded a star from Modeshift STARS. With so many of you working on your travel plan this year it is still possible to get your school accredited. You could set work for your home schooling children. I have sent out an email with more information and if you want more help just let me know.

Your STP will help to give your children the very important life skills they need to stay safe and healthy on their journey to and from school, which in turn will help to reduce congestion around the school gates. Why not get them involved in its development and implementation too?

If you still need to register on the system go to the website and request a login. Please check with your Headteacher or School Office that they don't already have one. If you need to delete a user please let me know by email.

<https://www.modeshiftstars.org/>

STARS Workshops and STP Coordinator Meeting Cancelled

Please keep up the good work!



Dates For Your Diary

April	22nd-5th May Big Pedal
	24th On your Feet Britain
May	18th-22nd Walk to School Week
	STP Coordinator meeting 13th Wycombe Area Office and 15th Green Park
June	Workshop 1st, 18th Wycombe and 3rd, 15th Aylesbury
	18th Anti-idling Day/ Clean Air Day
	6th-14th Bike to School Week
July	7th/8th Year 7 Transition / Journey Planning
	Week of 13th Deadline for your Modeshift Stars STP to be signed off

Cancelled

Sustrans BIG PEDAL 2019 Cancelled

Sustrans Big Pedal is the UK's largest inter-school cycling, walking and scooting challenge inspiring pupils, staff and parents to choose human power for their journey to school. Look out for next years dates to put in the school diary <https://bigpedal.org.uk/>



WALK TO SCHOOL WEEK May Cancelled

The following are ideas for things children could do on their walk with family if you are home schooling.

- Count objects e.g. how many red doors have you seen
- Notice where the post box is or the bus stops
- What traffic signs have you passed?
- Organise a treasure hunt see Living Street's example on their website



Consider what would work best for your school and the children and parents who will be walking.

Also have a look at Living Streets Walk to School page and the Government's Think page.

<https://www.livingstreets.org.uk/walk-to-school>

<https://www.think.gov.uk/education-resources/>

PARENTS PARKING PROMISE GUIDELINES

Parents' Parking Promise was developed to encourage parents and guardians to think about how they are parking around the school including ensuring there is enough room for emergency vehicles to pass. Please also see article from Buckinghamshire and Milton Keynes Fire Authority later on in this Newsletter. They sign a pledge to promise to park responsibly. The initiative works well in schools where there are particular problems with parents and guardians parking inconsiderately and dangerously.

How does the initiative work

Parents are asked to sign a 'promise' to say that they will park responsibly around the school. The promise is returned to the school (usually someone in the school office) who will issue the parent a car sticker to show they have signed the promise. The sticker acts as a reminder to the parents that they should be parking responsibly near the school and as a reminder to others to do the same.

We can provide the schools with the following:

A sample Parents' Parking Promise document.

This document can be adapted to suit the specific needs of the school, for example it could include road names or locations, and it could also include further information on related issues that the school would like to resolve.

Car stickers for parents or guardians who have signed the promise.

These stickers should be displayed in the windscreens of those that have signed the promise in order to highlight to others that they have agreed to park considerately.

On Your Feet Britain

We know that teachers don't get much chance to sit down during the working day but children do!

Why not try standing lessons as part of a lesson plan and link it to your STP. Hold a walk to school day, park away day or even try real life road safety lessons in the playground or a safe area around your school gates.

The On Your Feet Britain Challenge dares you to take James Brown at his word and convert 'sitting time' to 'standing time'. Follow some simple changes - it's easier than you think:

- Stand during phone calls
- Stand and take a break from your computer every 30 minutes
- Use the stairs
- Have standing or walking meetings/lessons
- Eat your lunch away from your desk
- Walk to your colleague's desk instead of phoning or emailing them
- Stand at the back of the room during presentations/lesson

Friday 24th April 2020 is your chance to get the ball rolling and encourage your employees to take a stand. Team up with colleagues and see how much "sitting time" you can reduce on the day. You can even try this at home..... at any time!

Like us: [Facebook](#)

Follow us: [Twitter](#)@getGBstanding.

A promotional banner for 'On Your Feet Britain'. It features a smiling man with a large afro, wearing a patterned vest over a light blue shirt, with his arms raised in a celebratory gesture. The background is a solid blue. Text on the left reads 'WIGGLE IT, WAGGLE IT JUST DON'T SIT ON IT' in large white letters, followed by 'What will you do?' in a script font. Below that, it says 'Join 2 million office workers'. At the bottom left, there are logos for 'Event organizer Get Britain Standing .org' and 'In association with ACTIVE WORKING'. On the right, the text 'on your feet Britain' is written in a large, white, stylized font. Below this, it says '24th April 2020' and 'FREE SIGN-UP' in a red box. At the bottom right, the hashtags '#SITLESS' and '#MOVE MORE' are displayed.

**WIGGLE IT, WAGGLE IT
JUST DON'T SIT ON IT**

What will you do?

Join **2 million** office workers

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on your feet Britain

24th April 2020

FREE SIGN-UP

#SITLESS #MOVE MORE

Bike Week 2020

Bike week 2020 will be from Saturday 6th to Sunday 14th June



Bike Week is a great opportunity for you to discover the many benefits of cycling, from improved health to the simple enjoyment of riding.

Bike Week 2020 will be online from 6th to 14th June, with activities and events taking place in September. We realise in these uncertain times, helping people to come together to ride may not be possible, so we're looking to hold **Bike Week events and activities later in the year in September.**

Cycling remains a great way to keep fit and active and is a good way to boost immunity, but we are advising cyclists to avoid riding in groups and urge them to undertake solo rides only for the foreseeable future.

Find out more information at <https://www.cyclinguk.org/bikeweek>

18th June Anti-idling Day/ Clean Air Day

With the environment high on everyone's agenda have you ever thought about the effect an idling engine can have? It produces up to twice the emissions of a car in motion, including chemicals such as sulphur dioxide, particulate matter and nitrogen oxide. We can easily see what a positive impact being in isolation and making fewer car journeys has had on the environment.

All car emissions contribute to asthma, heart disease and even lung cancer, according to Transport for London. They also have a negative effect on the environment and contribute to poor air quality.



With this in mind, the government introduced laws to discourage drivers from idling. Now leaving your engine on while parked on the road or in a public place could land you with fine of £20. This could be as much as £80 in certain parts of London where extra measures to cut emissions are in place. The fine aims to encourage drivers to cut emissions by turning off engines if they're parked up in a public space.

Why not get your children to remind everyone that we all need to do our bit for the environment. Your Junior Road Safety Officers (JRSO) could run an assembly or even a poster competition once you are all back at school.

Be Bright, Be Seen

Bedgrove school children showed the whole community that they are committed to being seen! Both the Infant and Junior schools have been working together on their STP on Modeshift STARS. Both had experienced trouble with parking outside the school and lack of respect for their School Crossing Patroller. So they decided to show the whole community that they are trying to keep safe and they can be seen while on journeys to and from school. They ran a week of events from assemblies to road safety lessons.

Their School Travel Plan Coordinator said;

"A BIG thank you to all of our Bedgrove children, they have shown a great understanding of road safety throughout this week and have really understood the importance of staying safe. In our assembly on Monday, we reviewed the Green Cross Code and discussed the rules together. We also added tips such as not crossing on a bend or between parked cars. Children across the school have taken part in activities throughout the week in their classes, including a road survey which will feed into the Modeshift STARS system along with the work we are doing to complete our nationally accredited school travel plan with help from Emma the school travel plan adviser from Buckinghamshire Council."



**Keep Bright
Bedgrove!**

If you have a good news story why not email me and your school could be sharing your good news here too. This ticks one of your boxes on your Modeshift STARS School Travel Plan under initiatives **Promotion– Supporting** PR4 presenting to/ sharing ideas with others schools.



Living Streets update

We hope you and your pupils are keeping safe and well during this difficult and worrying time. Thank you to those who have already signed up to our fundraising event, Happy Shoesday. Unfortunately, with the ongoing international situation with COVID 19 and the announcement that schools are to close, we have taken the decision to postpone Happy Shoesday.

Happy Shoesday is now scheduled to take place in October 2020, during International Walk to School Month.

The good news is that our Happy Shoesday fundraising packs are undated, so you're free to run the event whenever works for you. However, we'd love to have you join us for the re-scheduled celebration in October (exact date tbc). We'll be in touch closer to the time with more information.

Thank you for supporting Living Streets and our work. We are working hard to maintain stability during this period. As per Government guidelines, for people not experiencing symptoms of COVID 19, then going for a walk (keeping a 2 metre distance from others) is the easiest and most accessible way of keeping physically active at this time. Sport England has published advice on how to stay active at home: livingstreets.org.uk/news-and-blog/blog/walking-and-coronavirus

We are also following Government guidelines and have arranged for our staff to work from home. All our phone numbers are active, and we are all on email, so please don't hesitate to get in touch with any questions.

From everyone at Living Streets, we wish you and your staff, pupils and families our best wishes during these difficult times.

Keep safe and speak soon,
Living Streets' Walk to School Team

Living Streets WOW Badge Winner for February 2020

Elangeni School is really proud to announce that the February badge worn by all pupils who achieve a certain level of sustainable travel to and from school was designed by one of their Year 6 pupils, Lisa. On Friday 7th February Victoria Spashett from Living Streets hosted a special assembly for the whole school to celebrate Lisa's success. They were joined by Lisa's parents and a very special guest, Strider!

As a result, they had a very impressive response to this year's WOW badge design competition. Their Junior Road Safety Officers were tasked with making the final decision to shortlist the three top entries to send to Living Streets for this year's competition.

They also recorded their highest number of badge qualifying trips in February with an impressive 97% active trips.



Maids Moreton School Launch their Walking Zone Map to encourage families to walk



Families across Buckinghamshire are being urged to leave the car at home and map their own route to school.

Thanks to grants from Buckinghamshire County Council's Public Health Team and Buckingham Local Area Forum (LAF), the school has been given their own tailored 'Walking Zone Maps'.

The maps, showing walking and cycling routes to school, have been given to children to encourage them to have a short burst of activity before the school day.

Warren Whyte, Cabinet Member for Children's Services says, "Encouraging children to be healthy is one of our main priorities. Walking to school can significantly contribute to the recommended 60 minutes of exercise per day.

As well as the health benefits, encouraging people to walk to school will reduce congestion, reduce car use and improve air quality."

Each student will receive a copy of the map and all of them will be available to download via a PDF on the school's website.

Buckinghamshire Council Launches A New Dynamic Augmented Reality App To Improve Child Road Safety

Schools in Buckinghamshire are now able to bring road safety lessons to life, with the help of a 'world-first' augmented reality App.

The innovative App, Arility, uses the power of augmented reality to deliver engaging road safety information to primary school aged children. With 360 degree visuals and entertaining sound effects, children interact directly with augmented reality characters to identify risks and make safe choices.

The App offers a fun and memorable learning experience and is an attractive game-like concept that children and teachers will enjoy using. It is an ideal tool for young children to experience various risky scenarios in a safe place, such as the classroom.

The App addresses specific road safety risks for child cyclists and pedestrians and teaches children to identify dangers and make safe choices. Augmented Reality has been shown to be a more effective way of learning and more engaging and memorable than non-AR experiences.

Arility is available on iPad and Android platforms; to download the apps please visit:

www.arility.com

There are videos available to help schools get started, to view the video's click on the links

[Arility Training Part 1 - What is augmented reality and what do you need to run it?](#)

[Arility Training Part 2 - Setting up as Teacher](#)

[Arility Training Part 3 - Setting up as Student](#)

[Arility Training Part 4 & 5 - Using the App to view the scenarios + further advice](#)

[Arility Playlist](#)

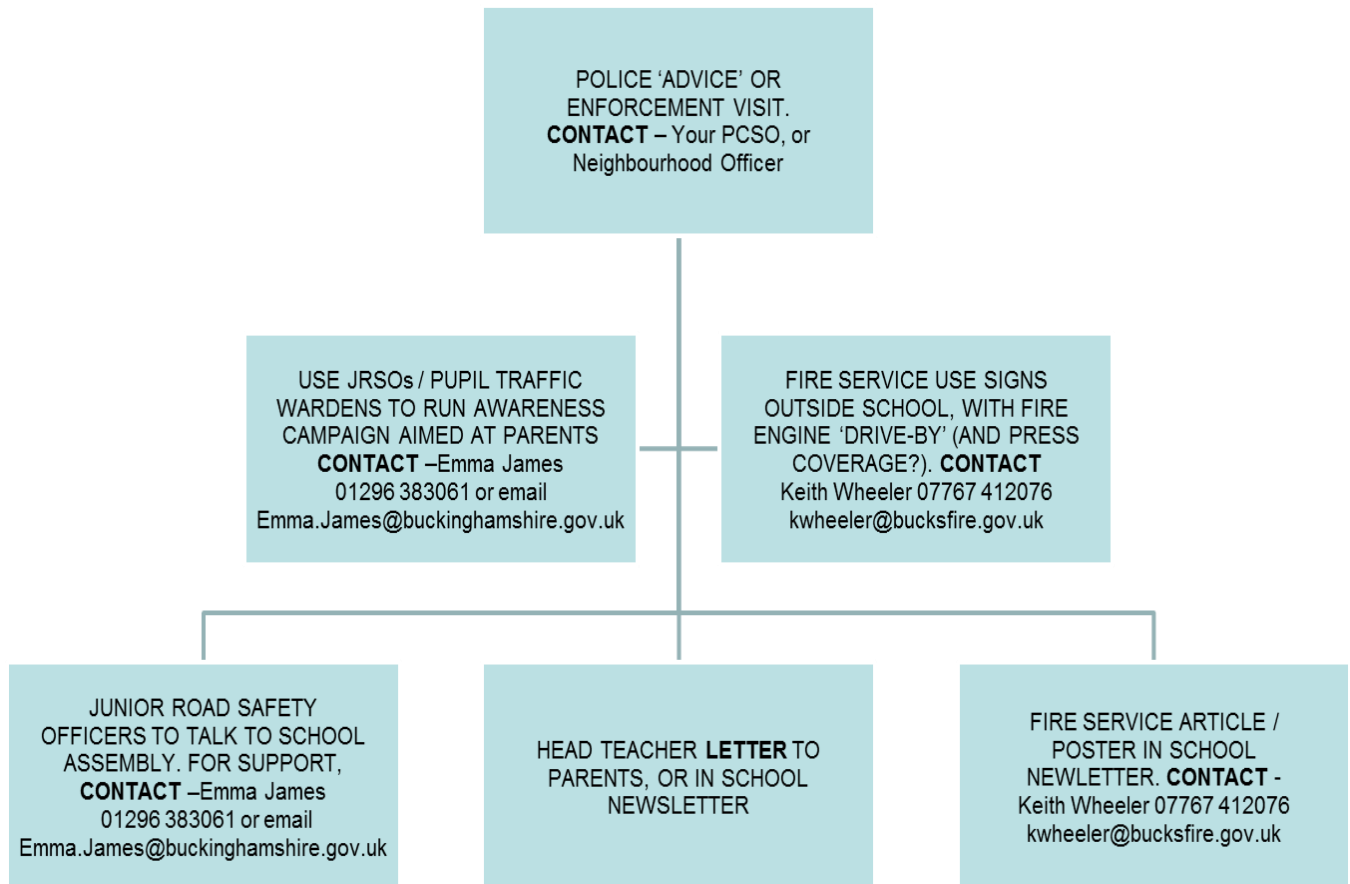
For further information on setting Arility up in your school please contact:

Emma James – Emma.James@buckinghamshire.gov.uk

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Update From Buckinghamshire and Milton Keynes Fire Authority

How Your School Could Deal With Parking Issues



While at home get Parents and Pupils to think about their journey to school

With traffic massively reduced at this difficult time, could this be a chance to teach your children how to make their own way to school? We all know the frustrations of trying to get about during the morning rush hour. Yet many more children could cycle or walk to school and now seems as good a time as any to find the safest route they could use when the schools reopen.

Of course, we should all be sticking to government advice about staying at home, but we can still cycle and walk locally. While parents and your children are taking a healthy cycle ride or walk, why not work out the safest route that they could take to school in the future? Where are the crossings over the main roads? What cycle lanes are there that they could use? Which route has the best street lighting?

Many schools now have cycle racks and are keen to promote healthy ways of getting to school. The benefits of regular exercise are well known and we would all benefit from a reduction in the amount of traffic in the mornings.



Buckinghamshire & Milton Keynes Fire Authority
MAKING YOU SAFER
PREVENTING PROTECTING RESPONDING
WWW.BUCKSFIRE.GOV.UK

School Crossing Patrollers

We are currently looking for Patrollers and Relief's. Do you know anyone who can help?

Patrollers have an important role within the community helping children and their parents/ carers to cross busy roads on their journeys to and from school.

For more information on current vacancies please log on to

<https://www.buckinghamshire.gov.uk/>

Corinne Randall—Aylesbury Vale Area and Wycombe Area (West):

Tel: 01296 383432

Georgina Longley—Chiltern & South Bucks Area and Wycombe Area(East):

Tel: 01494 586639 Job share welcome.



Footsteps Training

Footsteps is a practical pedestrian training scheme for children to develop awareness of roads and live safely with traffic. It's a three stage programme, focusing on the skills needed by children to become safer road users. Footsteps is run at school with the help of parent /grandparents volunteers, Teaching Assistant's or Teachers.

To run Footsteps at your school you need:

- A Coordinator to arrange training, and to keep a register of children.
- Volunteer Tutors to run the sessions.
- All Tutors must attend a FREE Bucks County Council Footsteps training course
- Have a valid enhanced DBS Certificate (organised by your school)



Training takes place at County Hall in Aylesbury and Amersham. Courses last no longer than 2 hours. Each volunteer will be provided with a training guide. Once trained, Tutors can take children into the local area to observe traffic and discuss road safety through a series of practical exercises. Each session lasts around 10 minutes and there are usually two sessions per stage. Certificates are awarded once a stage is completed.

We do not have any dates as of yet due to COVID 19

Please contact Corinne Randall for more information or to show your interest in booking onto a course when they become available.

Contact the School Travel Planning Team

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School Travel Plan Advisor

Corinne Randall—Corinne.Randall@buckinghamshire.gov.uk
Footsteps Training

School Crossing Patroller Supervisor Aylesbury Vale Area & Wycombe Area (West)

Georgina Longley—Georgina.Longley@buckinghamshire.gov.uk
Bikeability Training

School Crossing Patroller Supervisor Chiltern & South Bucks Area & Wycombe Area (East)