

**PSHE and RSE Curriculum Lower Key Stage 2**

Year 3 and 4	Autumn Module	Spring Module	Summer Module
Year A	<p><b>Hazard Watch*</b></p> <p><b>Basic First Aid [British Red Cross]</b></p>	<p><b>Computer Safety*</b></p>	<p><b>Our World*</b></p>
	<p>Each year, more than two million children under the age of 15 experience accidents in and around the home and are taken to accident and emergency units. The Hazard Watch and Basic First Aid module explores and identifies potential dangers in different environments. It teaches children about hazardous items and how to prevent accidents. Children are introduced to the concept of risk assessing so they can make informed choices to keep themselves safe.</p> <p>In the First Aid module the children will learn about how to avoid accidents and how to give First Aid in different situations including</p> <ul style="list-style-type: none"> <li>Choking, burns, bleeds, unconsciousness, asthma attacks, broken bones.</li> </ul> <p>They will also learn how to summon help in an emergency.</p>	<p>Our Computer Safety module helps children to understand the golden rules for staying safe online, how their online activity can affect others, and how to identify other positive and negative aspects of using technology. They will explore the potential outcomes for online bullying, sharing images, and making friends online with people who they do not know. They will also be introduced to a supporting network of helpful organisations.</p> <p><b>Specifics covered include:</b></p> <ul style="list-style-type: none"> <li>Online Bullying</li> <li>Image Sharing</li> <li>Making Friends Online</li> </ul>	<p>This module helps children explore the living world through the following 4 themes:</p> <p>Growing in our world            Living in our world            Working in our world            Looking after our world.</p> <p><b>Specifics covered include:</b></p> <ul style="list-style-type: none"> <li>Learning about how to keep your money safe and different ways we can receive money</li> <li>Identifying the skills you made need in a future job or career</li> <li>Looking after our planet</li> <li>Looking after living things</li> <li>Using the terms reduce, reuse, recycle</li> <li>Understanding how we can reduce our carbon footprint and the amount of water and electricity we use.</li> <li>Understanding the needs of a baby</li> <li>Recognising what you can do for yourself a you get older.</li> <li>Recognising the ways families are special and unique</li> </ul>

Year 3 and 4	Autumn Module	Spring Module	Summer Module
Year A	Keeping/Staying Safe	Being Responsible	Feelings and emotions
	<p>Building on the KS1 Keeping/Staying Safe module, this module continues to support pupils in identifying ways of keeping themselves and others safe. Children will deepen their understanding of the impact and consequences that can happen as a result of their actions, exploring areas such as peer pressure. Children will have the opportunity to create their own documentaries, learn how to risk assess, recognise danger and warning signs, and further their understanding of the dangers that surround them.</p> <p><b>Specifics include:</b></p> <ul style="list-style-type: none"> <li>• Cycle Safety [looking at distractions on the road and how our actions can cause others harm]</li> <li>• Peer Pressure [how we can be influenced and pressured to make unsafe choices].</li> <li>• Water Safety [trespassing and the dangers of swimming in open or unknown waters].</li> </ul>	<p>This module helps children to develop a deeper understanding of being responsible for themselves and how their actions can affect those around them. Throughout the topic, the children explore a range of situations that they may face now and in the future, which helps them to gain an understanding of how behaviour can be considerate, sensible, and responsible. They will also have the opportunity to create their own documentaries to teach younger children about being responsible.</p> <p><b>Specifics include:</b></p> <ul style="list-style-type: none"> <li>• Coming Home on Time [looking at rules and guidelines children may have to follow]</li> <li>• Looking Out for Others [the responsibility we have if we witness someone being bullied].</li> <li>• Stealing [taking something from a family member without asking].</li> </ul>	<p>Building on the KS1 Feelings and Emotions module, this module allows children to explore their own feelings further, as well as the feelings of those around them. Within the topics, there are many opportunities to help pupils gain the skills to manage their emotions positively and to understand how and where to seek help if needed. This module also offers a range of relaxation recordings. Children will create their own documentaries about feelings and emotions.</p> <p><b>Specifics include:</b></p> <ul style="list-style-type: none"> <li>• Jealousy [how the feeling of jealousy can arise when someone new is introduced to a friendship group].</li> <li>• Anger [the ways in which we can manage our emotions when we are unable to do something we wanted]</li> <li>• Worry [feelings a child can experience when faced with changes].</li> </ul>