



Unit Overview PE-Games

	Autumn	Autumn	Spring	Spring	Summer	Summer
KS1 Year A		Throw and catch 1 and 2		Invasion Games 1 and 2		Athletics Multiskills
KS1 Year B		Bat and Ball 1 Bat and Ball 2		Attacking and defending 1		Athletics-running and jumping
LKS2 Year A	OAA		Invasion Games – General Skills		Athletics Running and hurdling	Cricket
LKS2 Year B	Tag Rugby		Hockey		Athletics Jumping & Throwing	Net & Wall - Badminton
UKS2 Year A		Football		Netball	Athletics Sprinting & Jumping	Tennis
UKS2 Year B		Basketball		OAA	Athletics Distance running and Throwing	Rounders

- Net and wall
- Invasion Games
- Striking and fielding
- Outdoor Adventurous Activities
- Athletics

Unit Overview PE-Gym

	Autumn	Autumn	Spring	Spring	Summer	Summer
KS1 Year A	Traditional Tales		Animals		Under the sea	
KS1 Year B	Yoga-salute to the sun		Landscapes and citiscapes		Gym-Circuit training	
LKS2 Year A		Gym – Shape	Gym-Movement- Jumps, Leaps, Rolls & Vaults			
LKS2 Year B		Gym – Circuit Training	Gym – Movement Handstands, Cartwheels & Performance			
UKS2 Year A	Gym-Movement Jumps, Leaps, Rolls & Vaults		Gym – Circuit Training			
UKS2 Year B	Gym-Movement Handstands, Cartwheels, Round-offs & Performance		Gym – Rivers & Mountains			

Balance/Shape
Movement
Circuit Training

Unit Overview PE-Dance

	Autumn	Autumn	Spring	Spring	Summer	Summer	Summer
KS1 Year A		Dance – The Seasons		Country dancing			Street Dance
KS1 Year B		Dance – Starry Skies		Country dancing			Street Dance
LKS2 Year A	Street Dance			Maypole Dancing		Dance – Extreme Earth	
LKS2 Year B	Street Dance			Maypole Dancing		Dance - Water	
UKS2 Year A		Street Dance		Maypole Dancing			Dance – Dance through the Decades
UKS2 Year B		Street Dance		Maypole Dancing			Dance - WW2

Street Dance

Country/Maypole Dancing

Creative Dance (Using a Theme)

Swimming LKS2 Year B-Half Term Block.

Swimming to include UKS2 children who have not met the standard required in LKS2.