

Unit Overview PE-Games

	Autumn	Autumn	Spring	Spring	Summer	Summer
KS1 Year A	Throw and catch 1	Throw and catch 2	Invasion Games 1	Invasion Games 2	Target Games	Athletics Multiskills
KS1 Year B	Bat and Ball 1	Bat and Ball 2	Attacking and defending 1	Attacking and defending 2	Athletics-running and jumping	Animal Olympics
LKS2 Year A	ΟΑΑ	Invasion Games – General Skills	Invasion Games- football	N/A due to swimming in LKS2	Athletics Running and hurdling [YA and B]	Cricket
LKS2 Year B	Games net and wall fundementals	Tag Rugby	Hockey	N/A due to swimming in LKS2	Net & Wall - Badminton	Athletics Jumping & Throwing [YA and B]
UKS2 Year A	Invasion Games Year 5	OAA 5/6	Invasions games –Year 6	Netball	Tennis Year	Athletics Year 5/6
UKS2 Year B	Rounders	Basketball	OAA 5/6	Volleyball	Athletics Year 5/6	Striking and fielding
Net and wall						
Invasion Games						
Striking and fielding						
Outdoor Adventuro	us Activities					
Athletics						

Unit Overview PE-Gym

	Autumn	Autumn	Spring	Spring	Summer	Summer
KS1 Year A	Traditional Tales		Animals		Under the sea	
KS1 Year B	Yoga-salute to		Landscapes and		Gym-Circuit	
	the sun		citiscapes		training	
LKS2 Year A		Gym – Shape		Gym-Movement-		
LKS2 Year B		Gym – Circuit		Gym –		
		Training		Movement		
UKS2 Year A		Gym shape and	Gym – Circuit		Gym-Movement	
		balance-Space	Training			
UKS2 Year B	Gym-Movement		Gym –Shape and		Gym –circuit	
			balance- Rivers &		training	
			Mountains			

Balance/Shape	
Movement	
Circuit Training	

Unit Overview PE-Dance

	Autumn	Autumn	Spring	Spring	Summer	Summer
KS1 Year A		Street Dance		Country		Dance – The
				dancing		Seasons
KS1 Year B		Street Dance		Country		Dance – Plants
				dancing		
LKS2 Year A	Street Dance		other	Maypole		
			dance [Miss	Dancing		
			S]			
LKS2 Year B	Street Dance		other	Maypole		
			dance [Miss	Dancing		
			S]			
UKS2 Year A	Dance –			Maypole		Street Dance
	Dance			Dancing equivalent with		
	through the			Miss Sharon		
	Decades					
UKS2 Year B		Dance-Eco		Maypole Dancing		1940s dancing
		Dance		equivalent with		[with Miss
				Miss Sharon		Sharon]

Structured Dance	
Country/Maypole Dancing	
Creative Dance (Using a Theme)	

Unit Overview PE-swimming

	Autumn	Autumn	Spring	Spring	Summer	Summer
LKS2 Year A						
LKS2 Year B						

Complete overview

Key Stage and Year A/B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 YA	Gym-Traditional Tales	Street Dance	Gym-Animals	Country Dancing	Gym-Under the Sea	Creative Dance- seasons
KS1 YA	Games-Throw and Catch 1	Games-Throw and Catch 2	Games-Invasion Games 1	Games-Invasion Games 2	Games-Target Games	Games-Athletics Multiskills
KS1 YB	Gym-Yoga	Street Dance	Gym-Landscapes and citiscapes	Country Dancing	circuits	Creative Dance- plants
KS1 YB	Games-Bat and Ball 1	Games- Bat and ball 2	Games-Attacking and defending 1	Games-Attacking and defending 2	Athletics - Running and jumping	Athletics-Animal Olympics
LKS2 YA	Street Dance	Gym-Movement	other dance	Gym – Shape	Swimming	Swimming
LKS2 YA	Games - OAA	Games – Invasion Games	Invasion games- football	Maypole Dancing	Athletics	Games – Cricket
LKS2 YB	Street Dance	Gym – Circuit Training	other Dance	Gym - Movement	Swimming	Swimming
LKS2 YB	Games-net and wall fundamentals	Games – Tag Rugby	Games - Hockey	Maypole Dancing	Games – Net & Wall-badminton	Athletics
UKS2 YA	Creative-Dance the decades	Gym-shape and balance-space	circuit training	other dance	Gym movement	Street dance
UKS2 YA	Games- Invasion Games Y5 unit	OAA	Games-Invasion Games Y6 unit	Netball	Tennis	Athletics-year 5
UKS2 YB	Gym-movement	Creative dance- eco dance	Gym rivers and mountains	other Dance	circuit training	Dance –WW2 - 1940s

UKS2 YB	Games-Rounders	Games-Basketball	OAA	Games-Volleyball	Games - Striking and fielding Y6	Athletics Year 6
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