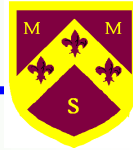




Knowledge Organiser PSHE

Key Stage 1

Relationships



Key Vocabulary

Relationships, healthy, unhealthy, point of view, feelings, bullying, personal space, private, touch, trusted adults

Key Questions

Which special relationships do you have in your life?
How do healthy and unhealthy relationships make people feel?
What makes a good friend?
In what ways can we show we care about other people's feelings?
Why is it important to listen to other people's points of view?
Why should we respect the personal space of other people?
Which parts of your body are private?
What does bullying mean?
Who can you talk to if you feel worried or need help?



Key Content

We all have people in our lives who are special to us including friends and family members.

Healthy relationships and friendships with others make us feel happy. **Unhealthy relationships** make us feel sad.

There are special qualities that make you a good friend.

It is important to care about other people's feelings and to think about how our behaviour affects others.

It is important for us to respect other people's **personal space** and for other people to respect ours. Some parts of our bodies are **private** to us.

We should listen to and respect other people's **points of view**.

Bullying is when someone keeps hurting you, either on the inside [your feelings] or on the outside [e.g. hitting you]

There are **trusted adults**, such as teacher or your mum and dad who you can speak to if you need help or feel worried.