



Unit Overview PE-Games

	Autumn	Autumn	Spring	Spring	Summer	Summer
KS1 Year A	Throw and catch 1	Throw and catch 2	Invasion Games 1	Invasion Games 2	Target Games	Athletics Multiskills
KS1 Year B	Bat and Ball 1	Bat and Ball 2	Attacking and defending 1	Attacking and defending 2	Athletics-running and jumping	Animal Olympics
LKS2 Year A	OAA	Invasion Games – General Skills	Invasion Games-football	N/A due to swimming in LKS2	Athletics Running and hurdling [YA and B]	Cricket
LKS2 Year B	Games net and wall fundamentals	Tag Rugby	Hockey	N/A due to swimming in LKS2	Net & Wall - Badminton	Athletics Jumping & Throwing [YA and B]
UKS2 Year A	Invasion Games Year 5	OAA 5/6	Invasions games –Year 6	Netball	Tennis Year	Athletics Year 5/6
UKS2 Year B	Rounders	Basketball	OAA 5/6	Volleyball	Athletics Year 5/6	Striking and fielding

Net and wall

Invasion Games

Striking and fielding

Outdoor Adventurous Activities

Athletics

Unit Overview PE-Gym

	Autumn	Autumn	Spring	Spring	Summer	Summer
KS1 Year A	Traditional Tales		Animals		Under the sea	
KS1 Year B	Yoga-salute to the sun		Landscapes and citiscapes		Gym-Circuit training	
LKS2 Year A		Gym – Shape		Gym-Movement-		
LKS2 Year B		Gym – Circuit Training		Gym – Movement		
UKS2 Year A		Gym shape and balance-Space	Gym – Circuit Training		Gym-Movement	
UKS2 Year B		Gym-Movement	Gym –Shape and balance- Rivers & Mountains		Gym –circuit training	

Balance/Shape
Movement
Circuit Training

Unit Overview PE-Dance

	Autumn	Autumn	Spring	Spring	Summer	Summer
EYFS	Nursery Rhymes x 3 [4-5 years]	Space x 3 [4-5 years]	Dinosaurs x 3 [4-5 years]	Fairy Tales x 3 [4-5 years] Country Dancing	Minibeasts x 3 [4-5 years]	Under the sea x 3 [4-5 years]
KS1 Year A		Weather x 3 [5-6 or 6-7]		Country dancing		Savannah Harvest x 3 [5-6 or 6-7]
		Chinese + Zodiac x 3 [5-6 or 6-7]				Countries x 3 [5-6 or 6-7]
KS1 Year B		Healthy me x 3 [5-6 or 6-7]		Country dancing		Eco warriors x 3 [5-6 or 6-7]
		World War 1 x 4 [7-8]				Great Fire x 3 [5-6 or 6-7]
LKS2 Year A	Romans x 3 [8-9]		Samba	Maypole Dancing		
	Bollywood x 3 [8-9]		Flamenco			
LKS2 Year B	Vikings x 3 [8-9]		Latin	Maypole Dancing		
	Freestyle x 3 [8-9]		Street Jazz			
UKS2 Year A	Stonehenge [9-10]			Irish jig 9-10 or 10-11		Cheerleading x 3
	Broadway [9-10]					Disco x 3
UKS2 Year B	Egyptian Sand Dance x 3			Charleston 9-10 or 10-11		World War 2 x 3
	Scottish Highland fling x 3					Jive x 3 [9-10]

Traditional style dance
Modern style dance
Topic based dance
Mayday dance

Unit Overview PE-swimming

	Autumn	Autumn	Spring	Spring	Summer	Summer
LKS2 Year A						
LKS2 Year B						

Complete overview

Key Stage and Year A/B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 YA	Gym-Traditional Tales	Dance	Gym-Animals	Country Dancing	Gym-Under the Sea	Dance
KS1 YA	Games-Throw and Catch 1	Games-Throw and Catch 2	Games-Invasion Games 1	Games-Invasion Games 2	Games-Target Games	Games-Athletics Multiskills
KS1 YB	Gym-Yoga	Dance	Gym-Landscapes and citiscapes	Country Dancing	circuits	Dance
KS1 YB	Games-Bat and Ball 1	Games- Bat and ball 2	Games-Attacking and defending 1	Games-Attacking and defending 2	Athletics - Running and jumping	Athletics-Animal Olympics
LKS2 YA	Dance	Gym-Movement	Dance	Gym – Shape	Swimming	Swimming
LKS2 YA	Games - OAA	Games – Invasion Games	Invasion games-football	Maypole Dancing	Athletics	Games – Cricket
LKS2 YB	Dance	Gym – Circuit Training	Dance	Gym - Movement	Swimming	Swimming
LKS2 YB	Games-net and wall fundamentals	Games – Tag Rugby	Games - Hockey	Maypole Dancing	Games – Net & Wall-badminton	Athletics
UKS2 YA	Dance	Gym-shape and balance-space	circuit training	Dance	Gym movement	Dance
UKS2 YA	Games- Invasion Games Y5 unit	OAA	Games-Invasion Games Y6 unit	Netball	Tennis	Athletics-year 5
UKS2 YB	Gym-movement	Dance	Gym rivers and mountains	Dance	circuit training	Dance
UKS2 YB	Games-Rounders	Games-Basketball	OAA	Games-Volleyball	Games - Striking and fielding Y6	Athletics Year 6

